



Contemplatives for Life

seekingthefaceofgod.org/contemplatives-for-life/

"Mary kept all these things, pondering them in her heart."

Since the beginning of the Church devout women have held in their prayer the joys and sorrows, the needs and desires of others and of the world. Contemplative nuns have made this ceaseless prayer the essence of their lives.

Most people are not aware of our prayers, of our love and support of them in their struggles and in their victories. But those who are aware of us and of our call to pray, find solace and support in knowing that we are with them in spirit.

In recent years, several people in England were arrested for praying silently near abortion clinics. An article on this subject, "[Prayers Pass Through All Buffer Zones](#)", was recently published on Where Peter Is. One effect of this article is the agreement among various contemplative nuns to make known to expectant mothers our love for and support of them. This has resulted in "Contemplatives For Life", an informal alliance of contemplative nuns who choose to reach out to our sisters who carry a child beneath their heart. We seek to share with them our love and the assurance that we are with them in prayer.

This initiative quickly expanded to reach out in prayerful support to other people struggling with life issues: women and men who have lost a child through miscarriage or abortion, those who have lost a spouse or a close friend, couples struggling to conceive, persons drowning in depression or despair. To any person in need, we contemplatives reach out with our prayers, and we seek by sharing various materials to make known to each of them that they are valued and cherished and held dear.

Contemplative nuns are in the forefront of the spiritual battle, but that battle itself is waged essentially in silence. For this reason, those who share in this outreach choose to remain unknown.

We thank you for all you do to help those in need and to uphold those who trust in God's love and grace. We pray for you and for your intentions and we assure you of our love and respect.

In union of prayer,

Contemplative Nuns